

## Downtown Referral List for Emergency Shelter & Human Services

Name / Address / Hours	Service Description	Phone / Web Address
Downtown Emergency Service Center (DESC) - Connections 505 Third Avenue (Third Ave & James)  <i>Hours: 7:00 am – 7:00 pm daily</i>	Daytime service and referral center. Hygiene services, meals, counseling, chemical dependency assessment and referrals, vocational and computer training. (18+).	(206) 515-1555  <a href="http://www.desc.org/">www.desc.org/</a>
Union Gospel Mission 318 2nd Ave Extension (2nd Ave & Yessler)  <i>Hours: 24 / 7</i>	Food, shelter, showers, drug & alcohol recovery, life skills training, housing & employment assistance.	Men's Shelter: 206.622.5177 Women/Children: 206.628.2008  <a href="http://www.ugm.org">www.ugm.org</a>
Adult Service Center (Compass Housing Alliance) 2015 Third Avenue (enter through alley)  <i>Hours: 10:30am - 7pm daily</i>	Drop-in center for homeless adults (18+). Showers, restroom, laundry. Information & referral on shelter, housing, health services & public benefits.	(206) 441-8405  <a href="http://www.compasscenter.org">http://www.compasscenter.org</a>
Compass Center Client Services 77 S. Washington 210 Alaskan Way S. (entrance) Hours: MWF 9am - 4:30pm, Tu/ Thu 9am - 3pm, Sa 9:30am - 1pm	Information & shelter referrals, mail & banking services.	(206) 357-3100  <a href="http://www.compasshousingalliance.org/ourservices/">http://www.compasshousingalliance.org/ourservices/</a>
Operation Nightwatch 300 14 <sup>th</sup> Ave S (at E Alder) Office: M - F 9am – 5 pm Dispatch Office: 9pm – 12am 7 days a week. 365 a year	Street ministry, emergency shelter referral placement, food, low-cost housing. Support services for seniors & disabled.	Day: (206) 323-4359 After 7pm: (206) 329-2099 <a href="http://www.seattlenightwatch.org/">www.seattlenightwatch.org/</a>
Solanus Casey Center 1008 James Street (at Terry)  M, W, F 1pm – 4pm	Drop-in daytime referral center providing services to homeless persons and people just out of jail or prison.	(206) 223-0907 <a href="http://www.ccsww.org/site/PageServer?pagename=homeless_solanuscasycen ter">www.ccsww.org/site/PageServer?pagename=homeless_solanuscasycen ter</a>
Compass Hygiene Center 77 S. Washington Street 210 Alaskan Way S. (entrance)  M - Fri 7am - 2:30pm	Showers, restrooms, laundry for homeless adults (18+).	(206) 357-3100  <a href="http://www.compasshousingalliance.org/ourservices/">http://www.compasshousingalliance.org/ourservices/</a>
Urban Rest Stop 1924 Ninth Ave (at Virginia)  M - Fri 5:30am - 9:30pm Sa/Su 8am - 3pm (5pm - summer)	Hygiene center providing free restrooms, showers and laundry facilities to homeless men, women and children.	(206) 332-0110  <a href="http://www.urbanreststop.org/">http://www.urbanreststop.org/</a>
<b>Community Information Line</b>  <b>M - Fri 8am - 6pm</b>	Expert information and referral assistance for people seeking help with community resources.	<b>2-1-1 or, 206-461-3200</b>  <a href="http://www.resourcehouse.info/Win211/">http://www.resourcehouse.info/Win211/</a>

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Recovery Café 2022 Boren Ave (at Denny) Café Hours: Tu - Sat 12pm - 6:30pm Programs 7 days a week. Dinner: M - F 5:15pm - 6pm	Addiction recovery support. AA, NA, and more. Various programs, classes throughout the week. Call or check online for current schedule.	(206) 374-8731  <a href="http://www.recoverycafe.org">www.recoverycafe.org</a>
Matt Talbot Center 2313 Third Avenue (3rd between Bell & Battery)  M - F 9:00am – 2:00pm	Clinical outpatient treatment program offered in a Christian context for addictions & mental illness	(206)-256-9865  <a href="http://mtcenter.org/">http://mtcenter.org/</a>
Pike Place Market Senior Center 85 Pike Street, Suite 200 (Just off Post Alley, under Clock) Hours: M - Fri 8am - 4pm , Sat/Sun 8am - 1pm Closed 1st Wed. & Hols.	Meals, health screenings for diabetes, hypertension, and foot care, case management, exercise classes, counseling services, employment assistance for people 55 and older.	(206) 728-2773 (206) 626-6462 (Food Bank) <a href="http://pikemarketseiorcenter.org/">http://pikemarketseiorcenter.org/</a>
Angeline's Seattle 2030 3rd Avenue (at Lenora) (Third & Lenora)  Hours: 24 / 7	Daytime drop-in services include: meals, laundry, showers, health access, mental health counseling, workshops and activities, storage of personal belongings and connections to other needed services for women (18+)	(206) 436-8650  <a href="http://www.ywcaworks.org/NetCommunity/Page.aspx?pid=434">www.ywcaworks.org/NetCommunity/Page.aspx?pid=434</a>
Women's Referral Center 2030 3rd Ave (at Lenora)  7 days a week 6pm - 9pm	Emergency shelter referrals, hygiene & health services, meals for women (18+)	(206) 441-3210  <a href="http://www.ccsww.org/site/PageServer?pagename=homeless_noelhouse">www.ccsww.org/site/PageServer?pagename=homeless_noelhouse</a>
Mary's Place – Day Center 314 Bell Street  Hours : M - Fri. 7:00am–3:30pm	Breakfast, Lunch, showers, laundry facilities, healthcare, community services, resource & housing referrals, program activities for women & children.	(206) 621-8474  <a href="http://www.marysplace.org/">http://www.marysplace.org/</a>
New Beginnings 24/7	Shelter, advocacy and support for battered women and their children	(206) 522-9472 24 hour crisis line <a href="http://www.newbegin.org/">www.newbegin.org/</a>
Orion Center 1828 Yale Avenue (corner of Denny & Stewart) Drop-In: M-F 2:30-6:00pm x Tu 4:00-6:00pm. Meals: 8:30-9am, 12:30-1:00pm, 6:00-6:30pm	Drop in center for youth 13 - 22 providing meals, clothing bank, lockers, laundry, case management, health education, shelter /referrals and employment training and education (GED: 9am-12:30 pm M-F).	(206) 622-5555  <a href="http://www.youthcare.org/">www.youthcare.org/</a>
New Horizons 2709 3rd Ave (3rd & Cedar) Sun 7-10 pm, M-Th 10am-12 pm & 7-10 pm, Fri 10am - 12pm	Drop-in center for youth providing meals, showers, clothing, laundry, case management, hospital & jail visitations, housing & treatment referrals, and counseling.	(206) 374-0866  <a href="http://www.nhmin.org/">www.nhmin.org/</a>
<b>Crisis Clinic</b>  <b>24/7 Phone Referral Service</b>	Immediate and confidential assistance, including information and linkage to community resources, for people in emotional distress and in need of help.	<b>866.427.4747</b> (Toll Free)  <a href="http://www.crisisclinic.org">http://www.crisisclinic.org</a>